## Ways to Make 7<sup>th</sup> Tradition Contributions at Our Zoom or Phone Meetings

Each group is autonomous in the way it chooses to collect and make 7<sup>th</sup> Tradition contributions to OA service bodies. Each member is autonomous in the way he or she makes voluntary contributions. Since service bodies still have regular expenses as they do their important work to carry the message to the compulsive eater who still suffers, the Brandywine Intergroup is making <u>2 suggestions</u> for members and groups to continue to be self-supporting through our own contributions.

## Suggestion 1

If a group treasurer feels comfortable doing so, he/she can:

- 1. Supply their full name and address to the members who can send a check made out to the treasurer for their 7<sup>th</sup> tradition contribution.
- 2. The treasurer would then cash the check and using the guidelines of maintaining a prudent reserve for future expenses, make disbursements to the service bodies listed below as they have done in the past.
- 3. Treasurers are entitled to reimbursement for postage incurred in doing this service.
- 4. Make the 7<sup>th</sup> Tradition announcement weekly, but encourage members to send their contributions monthly to the treasurer.

## **Suggestion 2**

If there isn't a treasurer willing to take on the above responsibilities and/or an individual prefers to make the contributions to OA service bodies on their own, they can do so by following the guidelines below or make their contributions in any proportion they desire. When making a personal contribution to a service body, please consider the prudent reserve needs of the meetings you attend, and if you desire, please include the name and number of your meeting as indicated on the chart below.

Service Body Address	Suggested Portion of Donation-include meeting #
Brandywine Intergroup	60%
P.O. Box 605	
Bryn Mawr, Pa 19010-0605	
WSO	30%
P.O. Box 44727	3678
Rio Rancho, NM 87174-4727	
Or directly at OA.org	
Region 7, Inc.	10%
905 Beryl Ave	1370
Virginia Beach, VA 23464	
Or directly at OARegion7.org	

## OA Meetings and Numbers

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Sunday	36924	Malvern	Wednesday	41247	Bala-Cynwyd
Monday	45641	Boyertown	Wednesday	23940	Devon
Monday	40813	Collegeville	Wednesday	51266	East Norriton
Monday	48016	King of Prussia	Thursday	00495	Frazer
Monday	50272	Media	Friday	40695	Malvern
Monday	00523	Overbrook	Friday	38330	North Coventry
Monday	33668	Radnor	Friday	23889	Valley Forge
Monday	31567	West Chester	Saturday	49758	Conshohocken
Tuesday	10792	Royersford	Saturday	35201	Downingtown
Tuesday	46488	West Chester	Saturday	15342	Greentree/Oaks
Wednesday	56333	West Chester	Saturday	38495	Havertown