

IDEA Day 2020

Saturday, November 21st
1:00pm-4:00pm Eastern Standard Time



International Day of Experiencing Abstinence: Abstinence in Times of Uncertainty

Come join us as three speakers share their experience of physical, emotional and spiritual recovery through life's unexpected events. Followed by an opportunity for open sharing.

Topic: IDEA DAY

Time: Nov 21, 2020 01:00 to 4:00PM - Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/87122649729?pwd=Y3hIcTlNMWThuMldpOVVXWUVndG1HQT09>

Meeting ID: 871 2264 9729

Passcode: 105928

One tap mobile

Find your local number:

<https://us02web.zoom.us/j/kc181fwK4I>

Dial by your location

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+1 346 248 7799 US (Houston)

+1 669 900 9128 US (San Jose)

Seventh Tradition: The suggested donation is \$5 but give as you are able, and don't let this keep you away. All donation should be sent to the Brandywine Intergroup of Overeaters Anonymous, PO Box 605, Bryn Mawr, Pa 19010-0605.

For question please contact:

Grace G 610-495-2173 or text 347-453-5300; email grace.gordon1025@outlook.com

Hosted by the Green Tree Meeting of the Brandywine Intergroup of Overeaters Anonymous,
www.brandywineintergroup.org